



Chesterfield House

Specialist Learning Disability & Autism
Community Based Living



An Overview of Chesterfield House

Chesterfield House provides a small six bed specialist residential service for men and women with a learning disability and complex conditions such as personality disorder, mental health problems and forensic issues. The service is staffed 24/7 by a dedicated team of registered nurses and support workers.



Specialist pathway for individuals with learning disability

The service at Chesterfield House is designed for those individuals who require a high level of support in a community setting, often as part of a pathway when stepping down from secure or hospital care.

The aim of the service is to encourage individuals to lead a full and valued life, enabling them to live more independently through a programme of active community engagement, developing meaningful social networks, managing risk and developing robust coping strategies.



Person Centred care incorporates the following elements:

- Individually tailored recovery and rehabilitation support
- Care delivered and reviewed following My Plan
- Positive risk taking
- Strengths based approach
- Positive Behaviour Support (PBS)
- Access to meaningful and stimulating activity seven days a week
- Developing independent living skills and community engagement
- A strong emphasis on safeguarding
- Robust clinical governance
- Access to independent advocacy
- Strong multiagency and family partnerships to ensure a holistic package of care and pathway

Service Outcomes

Chesterfield House aims to deliver the following outcomes:

- Improvements in quality of life though living a meaningful life
- Greater choice, control and independence
- Social inclusion through active community engagement
- Effective management of behaviour
- Reduction of risk
- Good physical health
- Improved self-esteem and self-worth
- Dignity and respect
- Successful transition into a supported living if appropriate



About Elysium Learning Disabilities & Autism

All our services are specifically designed to provide small group or single person environments, replicating an ordinary living setting. These allow for the development of daily living skills aimed at a move towards more independent living.

Our services offer person centred and care planned outcomes focused interventions to support recovery to better health and greater independence. We facilitate engagement in the community and the opportunity to develop new lifestyle choices to improve self-esteem and confidence and ensure people are living meaningful lives.

Our ethos is built upon a shared belief that the person is central to everything we do and we ensure we are responsive to service users changing needs, reviewing and revising plans to meet these needs. We value positive risk taking opportunities within a context of robust risk assessment and management to ensure those we support are kept safe.

Each of our services are staffed by an experienced team of professional managers, support workers, and nurses.

About Chesterfield House

Chesterfield House is located in North Hykeham which is 20 minutes' drive by car from Lincoln. The village enjoys excellent facilities and amenities including a supermarket, a range of smaller shops, a GP surgery, a leisure centre, a theatre and several parks.

Chesterfield House is around one hour's drive from Nottingham, Sheffield, Doncaster and Hull. North Hykeham also has a train station on the Nottingham to Lincoln line.

Each service has in place or access to psychiatrists, psychologists and assistants, occupational therapists, speech and language therapists and advocacy.

Our services are well-led by caring, professional and experienced staff and our senior management team is always close to the patients and service users, staff teams and service managers, so our care is developed in direct response to people's needs. We measure the effectiveness of our interventions using a range of validated tools and by listening to and acting on feedback from the people we support, their carers and case managers and commissioners. We are committed to the continuous improvement of service delivery and providing services which meet changing demand.

To discuss Chesterfield House in more detail, arrange a visit or make a referral please call our 24 hour Referral Line **0800 218 2398** or email referrals@elysiumcp.co.uk

This information is available in different languages, Braille, Easy Read and BSL on request

Contact details:

Chesterfield House, 411 Newark Road, North Hykeham, Lincolnshire LN6 9SP

Tel: **01522 692607**

E: info@elysiumcp.co.uk

