

Tottle Brook House

A specialist community based service for people with a learning disability and/or autism



Overview

Tottle Brook House is part of our Learning Disability and Autism division and is a registered care service with nursing which embraces and balances the management of risk with comfort, homeliness, dignity, respect and choice. The service is for men and women with learning disabilities, autism and sensory and communication impairments. We are specialists in working with complex needs and behaviours which challenge services.

The unique building design at Tottle Brook House provides five bespoke single person apartments and communal spaces including, lounges, dining room, sensory spaces and laundry. Each apartment has its own lounge / diner and bedroom with ensuite wet room. There is also an enclosed shared garden for service users to enjoy.

The service is designed for those individuals who require a high level of support to live within a community setting, stepping down from hospital or children's services, or stepping up, from a community placement to avoid an inappropriate hospital admission. The service aims to support people to return to their family or home area.

Person Centred care incorporates the following elements:

- Individually tailored support
- Strengths based approach
- Positive Behaviour Support (PBS)
- Staff trained in responding to behaviours that challenge
- Access to meaningful and stimulating activity, including vocational and educational opportunities
- Developing independent living skills and community engagement
- A strong emphasis on safeguarding
- Access to independent advocacy
- Strong multiagency and family partnerships to ensure a holistic package of care and pathway



Service Outcomes:

- Supporting individuals to achieve their personal goals and aspirations
- Enhanced quality of life
- Greater choice, control and independence
- Social inclusion through active community engagement
- Reduction of risk and behaviours which challenge
- Supporting individuals to access mainstream health services leading to a healthy wellbeing
- Improved self-esteem and self-worth

About Tottle Brook House

Tottle Brook House is located in Strelley, Nottingham. The service backs onto Broxtowe Park and there are a range of local amenities including shops, leisure and primary care facilities nearby. Strelley is 15 minutes from Nottingham by car or public transport and is close to the M1, providing good transport links with the rest of the county.



About Elysium Learning Disabilities & Autism

Elysium Healthcare provides a range of specialist services to people with learning disabilities, autism and complex needs.

Our **community based services** deliver specialist care that meets Transforming Care priorities and is tailored to the individual's needs, enabling people to lead independent, meaningful lives as active members of the community.

Within our community based services we are able to provide support for those who have profound and multiple learning disabilities, autism and sensory communication difficulties, along with providing expert nursing care and support for people with complex needs and behaviours that challenge, such as mental health needs and personality disorder.

These community based services provide a structured setting that may suit those who are stepping down

from hospital or avoiding an inappropriate hospital admission. The teams within our registered care services are also specialists in working with epilepsy and young people transitioning into adulthood. A number of our service users will move on from here to more independent settings such as supported living, however some will be cared for longer term.

For further information, to arrange a visit, or make a referral please call our 24 hour Referral Line - **0800 218 2398** or email complexcare@elysiumhealthcare.co.uk

This information is available in different languages, Braille, Easy Read and BSL on request

To view our video tour, please visit www.elysiumhealthcare.co.uk



Tottle Brook House,
Calverton Drive,
Nottingham NG8 6QN

