

St Mary's Hospital

Floyd Drive, Warrington, Cheshire, WA2 8DB

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Overview of the Service

St Mary's Hospital provides care and support for men over the age of 18 years who require a period of specialised rehabilitation in a safe and caring environment. The hospital offers specialised services for people with Acquired Brain Injuries (ABI), progressive neurological conditions, Autism Spectrum Conditions (ASC) and Deaf Mental Health problems.

Person centred care and rehabilitation is central to the approach at St Mary's Hospital. The staff are committed to providing the highest standard of care and rehabilitation. The team work in partnership with those we support and their families to meet the complex needs of those who present with cognitive, behavioural and emotional difficulties and those struggling with mental health problems whose behaviours could be seen as challenging. St Mary's can also support people who have additional physical disabilities as well as those with sensory impairments.

The hospital layout enables staff to deliver care within a low stimulus, spacious environment. Each service has an expert multi-disciplinary team made up of psychiatrists, psychologists, specialist nurses, social workers, occupational therapists, speech and language therapists, and healthcare assistants.

We accept both informal or detained patients under the Mental Health Act 1983 (amended 2007).

Treatment philosophy

The philosophy of care at St Mary's Hospital is based on maximising quality of life and encouraging social and community integration. A strong emphasis is placed on collaborative goal-focused rehabilitation. People are supported to make decisions, undertake voluntary work and access the community. Skills are taught and support given to promote recovery and develop confidence in order for people to live a more independent life outside.





Due to the complex nature of the people we support at St Mary's Hospital, each patient's therapeutic programme is individualised to meet their needs, multidisciplinary formulation and goals. Approaches the team use include:

- Neuropsychological rehabilitation
- Neurobehavioural approaches and Positive Behaviour Support
- A variety of individual and group psychological therapies
- Individualised offence-related work around arson, sexual offending, and violence
- Adapted Dialectical Behaviour Therapy
- Addictions Treatment
- Integrative Psychotherapy
- SPELL Approach
- Speech & Language Therapy
- Social skills training
- Snoozelan (multisensory) Therapy
- Occupational Therapy
- Domestic, social and community living skills.
- Vocational Skills

Facilities

The building offers en-suite single bedrooms, occupational therapy suites, multi-sensory spaces and an IT suite. There are activity workshop spaces, horticultural facilities, a patient café and a gym with a qualified instructor. St Mary's Hospital also offers staffed transport in order that patients can access home leave, community activities and off site therapy sessions.

Community based facilities and activities include college placements, vocational training, fitness and wellbeing events, libraries and museums. Local shops and amenities play an important part of skills training in order that people learn to plan and budget for living more independently.

St Mary's Hospital has many different activities for patients to enjoy both in and out of the hospital setting. A selection of activities are listed below:

- Relaxation and Mindfulness
- Creative Writing & Art Groups
- Functional literacy, Numeracy and ICT skills
- Woodwork
- DIY skills
- Music Appreciation Group
- Fishing Group
- Walking Groups
- Gardening

Patient voice

At St Mary's Hospital, everyone we support has access to an independent advocate. We also run patient and carer forums so everyone can have their say and be heard. Getting communication right from the start, is key. Staff will use BSL, Makaton, translation, writing, visuals and also provide the most appropriate communication equipment.



How to find us

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T: 01925 423 300
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Get in touch

How to make a referral or enquiry
24hr referral line: 0800 218 2398
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