



Putting children and young people at the heart of all that we do

Rhodes Wood Hospital

Rhodes Wood Hospital provides specialist inpatient care and treatment for children and young people aged 8 -18 years old with an eating disorder.

Together we empower patients and parents to engage in recovery.

Environment

We offer a warm and nurturing environment so that we can identify and understand the symptoms, patterns and origins of psychological distress and help patients manage their condition. Our service emphasise not only the mental wellbeing of young people but also their educational, emotional and physical needs.

Our 30 bedded specialist inpatient service is made up of two wards at Rhodes Wood Hospital. All of our bedrooms are light and spacious with en-suite facilities. The children & young people

are encouraged to decorate their own space with pictures and posters to in order for them to feel comfortable and at home.

Education is delivered on-site in our Ofsted registered school to enable the young people to continue with their schooling whilst in treatment. This supports the child or young person with re-integration/transition to main stream school when preparing for discharge to home or the community. Each young person will have their own individual education programme. Rhodes Wood School is a registered exam centre.





Approach

We have a dedicated multi-disciplinary team that provide specialist person centre care that is tailored to meet each individual's needs. The team consists of psychiatrists, nurses, healthcare assistants, occupational therapists, psychologists, therapists, dieticians and teachers.

Our experts provide a range of therapeutic approaches such as cognitive remediation therapy, cognitive behavioural therapy and family based therapy to create bespoke therapy programmes that meet the needs of each child and young person.

In care planning we work collaboratively with each young person and their parents/carers, starting with care plans, risk assessments and MDT weekly reviews.

Admission criteria

- Aged 8 -18
- Mixed gender
- Primary diagnosis of an eating disorder, that may or may not present with other psychological or mental health issues
- May be detained under the Mental Health Act 1983



If you would like to know more about Rhodes Wood Hospital, please contact:

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