



## Overview of the Service

The Woodhouse provides a specialist service for men and women with a learning disability and / or autism and associated complex conditions such as personality disorder, mental health and forensic issues. The service delivers psychologically informed therapeutic treatment and outcomes focused rehabilitation, to enable a timely discharge into the community.

## Model of Care

The service is staffed 24/7 by a dedicated team of nurses and support workers. A holistic, psychosocial treatment programme is provided by a multidisciplinary team which includes; Consultant Psychiatrist, Psychologist, Nurses, Support Workers, Occupational Therapist, Speech & Language Therapist. The service also has a Sensory Integration Specialist.

The Woodhouse benefits from an integrated team of Therapists and Activity professionals which means that there is a real emphasis on individually planned structured therapeutic and activity based work to enable people to be develop their independent living skills. All patients are assessed using the Model of Creative Ability (VDT) to ensure that their individual skills needs and learning styles are identified to inform the treatment approach.

The Woodhouse is supported by a regional team which includes; a Lead Nurse, Safeguarding Lead, and Senior Paramedic Physical Healthcare Lead.

## Treatment incorporates the following elements:

- Individually tailored recovery and rehabilitation pathways to move on in to the community, keeping length of stay to a minimum
- Psychologically informed therapeutic interventions
- Positive risk taking
- Strengths based approach
- Positive behaviour support strategies
- Access to meaningful activity seven days a week
- Support of in-house physical healthcare co-coordinators
- A strong emphasis on safeguarding
- Robust clinical governance
- Access to independent advocacy
- Strong multi agency and family partnerships to ensure a holistic package of care and pathway



## Outcomes and Benefits

- Improvements in mental health and patient symptoms
- Effective management of behaviour
- Reduction of risk
- Preparation for successful community living
- Good physical health
- Improved self-esteem and self-worth
- Social inclusion



## Patient Profile

The service is specialist in providing care for the following groups, in separate and dedicated units:

- Men and women with learning disabilities
- Women with a dual diagnosis of personality disorder
- Men and women with Autism Spectrum Disorder
- Men with forensic histories, including sexual offending
- Both men and women with highly complex and severe challenging behaviour through our High Intensity Service

Patients may come to the service from:

- Acute or PICU settings, having been living in the community who due to crisis require a time limited period of treatment and rehabilitation to enable them to return back to their home environment
- Other hospital or secure settings, requiring a period of specialist treatment in the least restrictive hospital setting where positive risk taking is enabled, before moving into the community



## Community Integration and Discharge Preparation

Located in Cheadle, Staffordshire, the town enjoys excellent facilities and amenities with a wide range of shops, cafes and a leisure centre.

The area provides a more relaxed local environment to enable patients to engage in their therapeutic programme. There is an emphasis on accessing mainstream primary care services and resources within the local community, providing patients with the opportunity to access facilities and develop their skills.

Discharge is planned on admission with the individual, their family and care team and people may move on to their own home, supported living or residential settings.

## Environment

Care is provided in a range of small units, houses and cottages and robust single person, bespoke apartments which deliver our High Intensity Service.

The Woodhouse is centrally located and is only 75 minutes by car from Liverpool, Manchester, Birmingham and Nottingham.

To discuss The Woodhouse in more detail, arrange a visit or make a referral please call our 24 hour Referral Line - **0800 218 2398** or email [referrals@elysiumhealthcare.co.uk](mailto:referrals@elysiumhealthcare.co.uk)

