

Farmfield

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Overview of the Service

Farmfield provides medium and low secure care to men who have been detained under the Mental Health Act 1983. The service specialises in caring for patients with enduring mental illness and/or personality disorder.

The combination of medium secure and low secure wards provides a seamless care pathway supporting and empowering service users in their recovery and rehabilitation.

Model of Care

The hospital's consultant-led, multidisciplinary teams have a wealth of clinical and research experience in forensic psychiatry. Treatment is targeted toward safe patient re-settlement in the community, where possible.

Our therapeutic programmes have been designed to maximise the potential and enhance the quality of life of each individual patient.

We provide:

- specialist forensic cognitive behavioural therapy assessment and interventions
- social skills interventions including anger and anxiety management; improving assertiveness and stability in relationships is also provided
- a comprehensive range of occupational and complementary therapies like community skills training, which aim to enhance service user dignity, self-esteem and functioning

We enhance service user dignity and self-esteem and also provide family support and psycho-education.





“Given strength and courage
With problems I would share.
To smooth a troubled life
By those who truly care.”

A poem by a patient at Elysium Healthcare

Admission criteria

- male patients aged 18 years and over
- detained under the Mental Health Act 1983
- assessed as suffering from a mental illness and / or personality disorder, dual diagnosis of a mild learning disability and / or substance misuse
- require intensive care due to high levels of vulnerability or risk of aggression, absconson, self-harm and suicide

Outcome and risk measures used

We use a range of outcome measures that link in with the My Shared Pathway recovery journey including HONOS Secure. Offending behaviour and related risks are regularly recorded through specific, evidence-based interventions, such as HCR-V3 and START which include insight treatment compliance and relapse prevention.

Care Pathway

There are natural opportunities for patients to step down within Farmfield due to the medium and low secure settings and continuity of care provided by the clinical team. For those who are ready to move on elsewhere, we have positive links with other services in the locality, including Sturt House, in Surrey which provides rehabilitation.

Environment

Farmfield is a purpose-built hospital with an extremely high standard of accommodation. It participates in the Royal College of Psychiatrists' Quality Network for Forensic Mental Health Services. The hospital achieves consistently high results through the peer review process.

Patient rooms can be personalised and have en-suite facilities. There are bright spacious lounges and quiet areas as well as significant recreational facilities which include a fully equipped gym, occupational therapy rooms, rehabilitation kitchens, a computer room, art studio, hospital shop and cafe, multi-faith room and music room.

Patients are encouraged to get involved in the every-day running of the hospital, for example, by working in the café, providing service user input into management meetings and also interviewing staff.

