

Brockham Ward at Farmfield

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Overview

Brockham Ward at Farmfield Hospital is a 14 bed acute service for adult men, which can accept emergency admissions for people who are in crisis and who cannot be cared for safely in the community.

The overall aim of the service is to provide a stabilising environment working with individuals to prevent further escalation of behaviours which will lead to improved quality of life and independence. Staff work closely with professionals from the local mental health and social services teams, and other interested stakeholders, with a view to service users moving onto more independent living.

Model of Care

We deliver a service user centred, model of care within a robust environment designed to meet the needs of people at the challenging end of the acute spectrum. Treatment options are identified from the point of the pre-admission assessment process, with the care pathway formulated in collaboration with the service user. Discharge planning is initiated from the point of admission with the service user actively involved in the process, including setting their

goals and timeframes for discharge.

This ensures the service user is aware of what they need to do to achieve in order to keep their stay as short as possible before discharge home or to a lesser restrictive environment. The service is operated within a multidisciplinary framework and the team includes medical, nursing, psychology and occupational therapy representation.





Treatment includes:

- Good therapeutic relationships
- Mental health recovery and relapse prevention
- Physical health and well-being
- Overcoming problem and risk behaviours
- Recovery from substance misuse
- Developing and enhancing coping skills and strategies

Outcome measures

Outcome measures and risk assessments are regularly reviewed and as such, can demonstrate change. Psychological interventions, both group and individual interventions, may also involve service users completing pre and post psychometric measures which can demonstrate change. Our approach includes:

- Setting clear goals for recovery through independence and empowerment
- Making feasible plans for the future
- Social inclusion and community engagement
- Education and learning life skills

Environment

Brockham Ward is a separate purpose-built acute service which sits in the extensive grounds of Farmfield Hospital. Each service user has their own en-suite bedroom. There are communal lounges, recreational facilities and rehabilitation areas.

Admission criteria

- Men aged 18 and above
- Likely to be detained under the Mental Health Act 1983 (amended 2007)
- Diagnosis of a mental health problem and displaying a risk to the wellbeing of themselves or others that cannot be treated in an open environment
- Diagnosis of a mental health problem with or without an affective disorder, schizophrenia, personality disorder or a mild learning disability
- Diagnosis of a mental health problem with alcohol dependency/illicit drug use



Referrals and enquiries

We accept referrals and admit from all areas, including A&E, section 136 suites and other acute services. Referrals are accepted 24hrs a day, 365 days a year, with a turnaround time of 1 hour subject to suitable clinical information being provided.

