



Physical Healthcare in in Women's Services

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Intricate Correlation Between Physical and Mental Health

- Three Valleys Hospital values parity of esteem for both
- Collaborative working
- Internal and external expertise.
- Delivery of person centred care
- Challenges to achieving this



Physical Health Case Study

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Case Study

Patient Profile

- 54 year old female
- Treatment resistant paranoid Schizophrenia.
- Cognitively impaired
- Maintained and stable presentation treated with Clozaril
- 2017 presented with breast abnormalities

Physical Care needs

- Robust investigations of abnormalities. Potentially invasive treatment
- Suspected malignancy.
- Lack of patient engagement with physical health care appointments
- Capacity to understand risk to self if untreated.





A Holistic Approach
To Cancer



Achieving Equivalence

- Best practice literature guiding care interventions as required
- Collaborative working to achieve best patient outcomes.
- Multidisciplinary review; Medical/Oncology/Breast Care Nurse/Psychiatric care team.
- Access to primary and secondary care
- Challenges; Historical negative personal patient experiences
- Lessons learned along the way, physical health improvements for all patients in the hospital.
- NHS 2016 Five year forward view for mental health.



Compassionate Care



Management of mental illness,
preventing destabilization.

Facilitating treatment options

Offer best opportunities for
recovery from a potentially life
threatening condition

Supporting offering reassurances
through the challenging
experience of Breast Cancer



Questions and discussion

