

RISK REFERENCE PANELS

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WHAT I AM GOING TO TALK ABOUT

- HOW THE RISK REFERENCE PANELS STARTED
- HOW THEY HAVE EVOLVED
- CURRENT FORMAT IN ANEURIN BEVAN UHB. AND SWANSEA BAY UHB
- RESEARCH / PUBLICATIONS
- REFLECTIONS

HOW THE RISK REFERENCE PANELS STARTED

- HISTORICAL CONTEXT –
 - ANEURIN BEVAN UHB
 - INQUIRY – WAYNE ROYSTON HIW REVIEW 2008
 - TERMS OF REFERENCE

TERMS OF REFERENCE: RISK REFERENCE PANEL (RRP)

- THE RRP PROVIDED AN EXPERIENCED MULTI-DISCIPLINARY TEAM OF PROFESSIONALS
- IT AIMED TO PROVIDE A SUPPORTIVE, PROFESSIONAL AND CONTAINING SPACE IN WHICH CLINICIANS COULD SHARE DIFFICULT CASES AND REFLECT ON PRACTICE.
- THE RRP DID NOT FOLLOW A SPECIFIC MODEL AND WAS ADVISORY IN NATURE ONLY
- MENTAL HEALTH PROFESSIONALS SELF-REFER IN TO THE RRP IN WRITING AND ARE THEN INVITED TO ATTEND AN UPCOMING RRP.
- MENTAL HEALTH PROFESSIONALS ARE ASKED TO SEND IN APPROPRIATE DOCUMENTATION TO SUPPORT THEIR REFERRAL / REFERRAL QUESTION(S)
- THE RRP MEETINGS USUALLY LASTED AROUND ONE HOUR IN DURATION

JOURNEY AND EXPERIENCE OVER THE YEARS

- HEARING 2 CASES PER MONTH WAS ADEQUATE TO HEAR FRESH REFERRALS EACH MONTH SO NO LENGTHY WAITING LISTS
- WIDE VARIANCE IN CASES ACROSS MANY ISSUES AND SPECIALITIES
- NEEDED A MULTIDISCIPLINARY PANEL TO BRING A BROAD RANGE OF EXPERTISE
- DIFFICULTY IN GETTING A REGULAR PANEL AND ADEQUATE NUMBERS OF PROFESSIONALS TO SIT ON THEM
- GENERAL FEEDBACK WAS VERY POSITIVE FROM REFERRERS
- MENTAL HEALTH PROFESSIONALS WERE HOLDING COMPLEX AND RISKY INDIVIDUALS
- SOME CONFLICT WITH CONTINUING CARE FUNDING
- LEARNING VALUE FOR EVERYONE
- CPD

HOW ARE THEY CONFIGURED

- CURRENT POSITION IN ABUHB
 - RENAMED
 - INCORPORATED FUNDING MANAGERS
 - MORE PANEL MEMBERS
 - PRE FUNDING DISCUSSION/DECISIONS
- CURRENT POSITION IN SBUHB
 - JUST RELAUNCHED
 - MORE MDT MEMBERS
 - BROADER REPRESENTATION
 - INCORPORATED FEEDBACK/RESEARCH OPPORTUNITIES
 - NO MINUTES

PUBLICATION: THE RISK REFERENCE PANEL: A THEMATIC ANALYSIS OF A MDT FORUM FOR COMPLEX CASES. ALEC THOMAS, IAN EVANS, GAYNOR JONES. BJPSYCH NOV 2018

- ASSESSMENT AND RISK MANAGEMENT IS CORE DUTY FOR MENTAL HEALTH SERVICES.
- THE PAPER DESCRIBED HOW THE PANEL WORKS AND TYPICAL CASES, USING THEMATIC ANALYSIS
- DATA COLLECTION WAS FROM VERBATIM NOTES OF THE MEETING AND FROM FEEDBACK FROM REFERRERS

RESULTS

- TOTAL OF 522 CODES CLUSTERING IN TO
- CHILDHOOD RISK FACTORS
 - CHILDHOOD ABUSE
 - HAVING BEEN IN CARE
 - AGGRESSIVE BEHAVIOUR AS A CHILD
- PRESENTING DIFFICULTIES
 - PROBLEM BEHAVIOUR – SELF HARM, LACK OF ENGAGEMENT
 - CRIMINAL JUSTICE SERVICE INVOLVEMENT
- RISK
 - POOR UNDERSTANDING OF RISKS
 - USE OF RISK ASSESSMENTS
 - ASSESSMENT OF CAPACITY
 - NEED FOR SECURE PLACEMENT



- WIDER ORGANISATIONAL ISSUES
 - TEAM WORKING
 - FUNDING
 - NEED FOR SPECIALISED STAFF/TRAINING
 - STAFF BURNOUT / SUPPORT

- FEEDBACK 22 RESPONDENTS 91% INDICATED THAT THEY AGREED WITH
 - HEW IDEAS GENERATED
 - THE CASE FEELS SAFER
 - I LEARNED A GREAT DEAL
 - THE QUESTIONS I BROUGHT WERE ANSWERED
 - I WOULD RECOMMEND RRP TO A COLLEAGUE

AN EVALUATION OF ABMUHB RRP(2019)

- LAUNCHED IN 2016 /SUSPENDED IN SEPT 2018
 - MAINLY DUE TO LACK OF PANEL MEMBERS
- FEEDBACK AT THE TIME OF THE MEETINGS WAS POSITIVE SO:-
- A SATISFACTION / FEEDBACK SURVEY WAS CONDUCTED IN ORDER TO MORE OBJECTIVELY REVIEW THE HELPFULNESS AND EFFICACY OF THE RRP.
- 15 PARTICIPANTS = 8 RESPONDED

RESULTS

- THE RESULTS OF THE SURVEY REVEALED THAT ALL PARTICIPANTS FELT THAT THE RRP WAS A SUPPORTIVE AND HELPFUL FORUM IN WHICH TO CONSULT REGARDING COMPLEX CASES.
- ALL PARTICIPANTS FELT THAT THE RRP HAD ASSISTED THEM IN THEIR CASE AND THAT THERE WAS SUFFICIENT TIME TO EXAMINE ALL THEIR LINES OF ENQUIRY.
- MOST PARTICIPANTS FELT THAT THEIR REFERRAL HAD BEEN DEALT WITH IN A TIMELY MANNER.
- THE RESULTS ALSO SHOWED THAT THE RRP WAS CONSIDERED USEFUL FOR HIGHLIGHTING PERTINENT RISK ISSUES WHEN WORKING WITH COMPLEX CASES, FOR SUGGESTING OTHER AREAS TO PURSUE PARTICULARLY RELATED TO ASSESSMENT AND INTERVENTION, AS WELL AS OFFERING FURTHER RECOMMENDATIONS FOR CLINICIANS TO CONSIDER IN PRACTICE.
- MOST PARTICIPANTS REPORTED THAT THE ADVICE AND SUPPORT OFFERED WAS RELEVANT AND COULD BE IMPLEMENTED IN PRACTICE.

REFLECTIONS ON RISK CONSULTATION PANELS

- I HAVE LEARNT A LOT
- MENTAL HEALTH PROFESSIONALS CARRY A LOT OF RISK
- A SPACE TO DISCUSS COMPLEX PATIENTS/ISSUES IS IMPORTANT
- IT IS ONE PART OF AN ARMOURY OF MEASURES THAT MENTAL HEALTH PROFESSIONALS CAN USE
- IT IS IMPORTANT THAT IS SUPPORTIVE AND FACILITATIVE
- IT ALLOWS FOR SCRUTINY OF PRACTICE
- INDIVIDUALS WHO ARE NOT INVOLVED MAY HAVE A DIFFERING PERSPECTIVE DOES DEPEND ON THE QUALITY OF THE INFORMATION GIVEN
- THE WORK PUT INTO THE REFERRAL OFTEN IS A CATALYST FOR NEW THINKING