

Ann House

Specialist Learning Disability & Autism
Community Based Living



Overview

Ann House is a purpose-built care home which embraces and balances the management of risk with comfort, homeliness, dignity, respect and choice. It is a specialist service for men and women with a learning disability, autistic spectrum disorder and/or complex conditions such as mental health issues, personality disorder and behaviours considered as challenging. We are also able to support individuals with a forensic history.

Ann House is suitable for those individuals who:

- Are currently living in the community, but require a period of time within a structured environment with intensive care and support to avoid a potential hospital admission
- Are currently in hospital and require further support to progress to a more independent living setting

The service provides registered nursing care in two units. Both of these units have en-suite bedrooms and communal lounges, dining rooms, rehab kitchens and laundries. Ann House benefits from the multi-disciplinary support of Nurses, Psychologist, Occupational Therapists and Therapy Assistants.

We provide:

- Individually tailored support
- Supporting individuals to achieve their personal goals and aspirations
- Positive risk taking
- Strengths based approach
- Positive Behaviour Support (PBS)
- Access to meaningful and stimulating activity seven days a week, including vocational and educational opportunities
- Developing independent living skills and community engagement
- A strong emphasis on safeguarding
- Access to independent advocacy
- Strong multiagency and family partnerships to ensure a holistic package of care and pathway



Service Outcomes:

- Enhanced quality of life
- Greater choice, control and independence
- Social inclusion through active community engagement
- Reduction of risk through positive risk taking
- Supporting individuals to access mainstream health services leading to a healthy wellbeing
- Improved self-esteem and self-worth
- Dignity and respect
- Successful transition into more independent living if appropriate



About Ann House

Ann House is located in the town of Kendal, situated to the South of the Lake District and around six miles from junction 36 of the M6 motorway.

Ann House is located within five minutes walking distance of the town centre, where there is a good range of local amenities and facilities. It is also within easy walking distance to the main bus station and Kendal train station, therefore providing good transport links.



About Elysium Learning Disabilities & Autism

Elysium provides a range of specialist services to people with learning disabilities, autism and complex needs.

Our **community based services** deliver specialist care that meets Transforming Care priorities and is tailored to the individual's needs, enabling people to lead independent, meaningful lives as active members of the community.

Within our community based services we are able to provide support for those who have profound and multiple learning disabilities, autism and sensory communication difficulties, along with providing expert nursing care and support for people with complex needs and challenging behaviours, such as mental health needs and personality disorder.

These community based services provide a robust, structured setting that may suit those who are stepping down from hospital or avoiding an inappropriate hospital admission. The teams within our registered care services are also specialists in working with epilepsy and young people transitioning into adulthood. A number of our service users will move on from here to more independent settings such as supported living, alternatively some will be cared for longer term.

To discuss Ann House in more detail, arrange a visit or make a referral please call our 24 hour Referral Line - **0800 218 2398** or email referrals@elysiumcp.co.uk

