

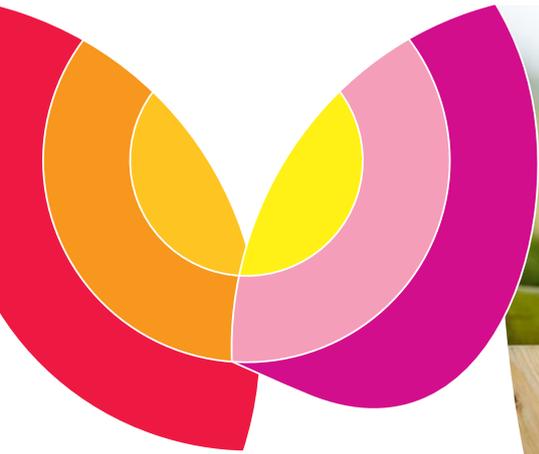
Who we are

St Neots Hospital is a modern facility providing clinically led assessment, treatment, rehabilitation and complex care for both male and female patients suffering from a broad range of neurological conditions. Registered as a hospital, St Neots can detain patients under the Mental Health Act, support patients with a Deprivation of Liberty as well as support those able to stay informally.

Patients with a variety of neurological conditions including Huntington's disease, an acquired or traumatic brain injury, frontotemporal dementia or functional disorders are treated and supported by a highly experienced team based on site. Patients can also present with pre-morbid mental health conditions and an addiction history.



St Neots Hospital



People we care for

A neurological diagnosis can cover a wide range of specific conditions with an even wider range of symptoms. St Neots provides bespoke treatment and care pathways for people affected by a neurological condition for which challenging behaviour may be the leading impairment and where physical symptoms also provide challenges to this cohort of patients. St Neots provides a unique pathway to meet both behavioural and physical deficits. Diagnoses supported at St Neots include:

- Acquired Brain Injuries including those acquired through trauma or stroke, Subarachnoid Haemorrhage, Tumour or Anoxia
- Neurodegenerative Disorders e.g. Huntington's Disease
- Korsakoff's syndrome, Wernicke's encephalopathy
- Dementias inclusive of Specialist Dementia e.g. Pick's Disease, Frontotemporal Dementia
- Patients can also present with pre-morbid mental health conditions and addiction history



Accommodation

St Neots provides a safe and therapeutic environment for those experiencing behaviour difficulties where detention under the Mental Health Act may be required. Accommodation is split across four individual units, across two floors.

This environment allows for the service to support both male and female patients within separate wards and allows for specific areas to focus on individual care and treatment pathways.



Facilities

Therapy Spaces - These provide dedicated spaces to allow patients to access skill specific assessments and treatments e.g. activities of daily living kitchens and generic therapy rooms. Whilst some are contained within the main building others are within the grounds and enable patients to access different bespoke therapeutic and activity cabins as part of their treatment and social programmes.

Grounds - There are large gardens available for all our patients with parking available for visitors and staff.

Laundry - This is provided for all patients as part of the service. For those that require support to develop these skills, there are facilities to enable patients to do so.

Food and diets - All dietary needs can be met by our in-house catering team – this includes modified diets and specific requirements.

Expert Team

Leading St Neots is a team of professional clinicians with decades of experience in setting up and running neurological services which deliver highly successful evidence based programmes.

St Neots operates its clinical team as a transdisciplinary team (TDT) comprising nurses, rehabilitation assistants, therapists, doctors, psychologists, psychiatrists and support staff, organised to ensure care and treatment is optimised to meet individual needs.

A unique characteristic of TDT's is that members work together across traditional disciplinary boundaries. Assessments and care plans are provided by those members best equipped to meet the particular needs of the person, but delivery of care plans is carried out by the whole team, whenever opportunities to do so present themselves.



St Neots Hospital is not an insular environment. Much of the work and programmes available take full advantage of the community it is based within enabling patients to access the community frequently.

Rehabilitation and Care Pathways

St Neots' rehabilitation pathways support a learning process that re-equips the person, as far as possible, with functional skills, cognitive abilities and social behaviours lost through brain injury, to achieve maximum independence. We are committed to providing the highest standard of evidence based neurological rehabilitation, encompassing the physical, psychological, emotional and social needs of all our patients. Our individual rehabilitation programmes provide a step by step approach for patients to participate in utilising a transdisciplinary approach which not only includes the staff team and patient but also the patient's family and friends. An admission to a rehabilitation pathway will take a patient through a 12 week initial programme providing orientation to the service and the environment, baseline neurobehavioural and physical health assessments. Goal setting and programme participation will be encouraged and monitored so that by week 12 a full review to establish ongoing and future treatment requirements with potential long term outcomes can be provided. Further treatment is provided in blocks of 3 months with reviews held to determine achievement towards the goals set and progression through the available pathways.

St Neots' complex care pathway for those affected by neurodegenerative conditions reduces the impact the disease has on the individual and their family wherever possible using environmental cues, cognitive aids and a person centred approach. St Neots' expert team provides support to those with a neurodegenerative diagnosis

who require complex care due to physical, psychiatric, behavioural and psychological needs. As part of the treatment approach the St Neots' team are able to identify strategies and equipment which can maximise independence, and reduce the impact of any deterioration that may occur as part of the disease. It is likely that the individual will benefit from meaningful activity and interaction, even at the latter stages of their diagnosis and the therapeutic milieu is tailored to reflect this.

Outcomes

A basket of outcome measures are utilised to capture the rich, diverse nature of physical, functional and behavioural/ emotional changes arising from patients with a neurological condition. These are nationally recognised with known psychometric properties; some have been designed by Elysium clinicians, including SASNOS. Most are 'global' measures that provide an overview of the range of challenges potentially experienced after an ABI or deterioration experienced by someone with a neurodegenerative condition. These are completed prior to admission (where possible), and at structured points throughout a patient's treatment and care. Global measures help identify potential therapy targets and to track response to rehabilitation. 'Focal' or observational measures permit ongoing assessment of individual behaviours and skills whenever these occur as well as helping to identify symptom change or deterioration. This enables very detailed information to be collected that directly informs treatment. Focal measures are reviewed very regularly, ensuring ongoing evaluation of care plan effectiveness and modification as needed.

Feedback: what our patients say:

 "This is a lovely place, with lovely furniture and I love my bedroom. I go out into the community and the day trips are good. I have access to the kitchen to make cakes and some meals"

St Neots Patient, 2018



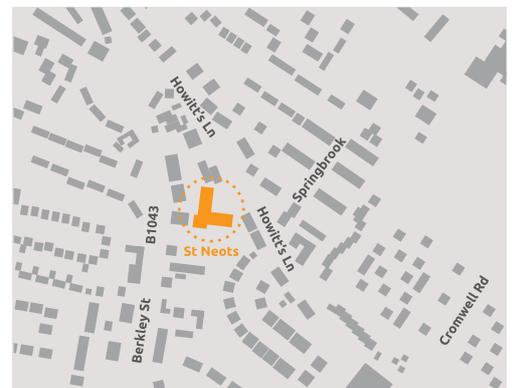
Hospital contact details:

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Referrals/Admission process

Enquiries and referrals can be made by clinicians, commissioners, case managers or directly from families or friends. We ask that as much information as possible is made available regarding the potential patient and their neurological condition at the point of referral. We can take referrals over the telephone, by emailing, faxing or by posting information. St Neots' clinical team will review the information received quickly and efficiently and if appropriate, will arrange for a face to face assessment of all potential patients to enable the team to accurately evaluate the specific and individual needs each person requires and ascertain suitability for admission to St Neots.

Get in touch

How to make a referral/enquiry

24hr Referral Line on **0800 218 2398**

Email us at: referrals@elysiumhealthcare.co.uk

09/2018

How to get to St Neots Hospital:

By Car: For GPS our postcode reference is PE19 2JA. St Neots Hospital is based in the heart of the community. Once in the drive St Neots is the building located to the left.

By Train: St Neots train station is based on the main east coast rail line and has a regular service into London. A 10 minute car ride will take you from the station to the hospital.



www.elysiumhealthcare.co.uk

St Neots Hospital