

Bromley Road

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WISHE pathway

Overview of the Service

Bromley Road provides rehabilitation for men and women with a primary diagnosis of mental illness and secondary diagnosis of mild learning disability, often with challenging behaviour. The service specialises in working with individuals who are treatment resistant and may have had placement breakdowns and need intensive review and support to help them move to more independent living.

Care Pathway

The service plays a key part in the overall recovery journey. Our aim is to help individuals equip themselves for more independent living and we plan for step down to a less intensive setting as soon as possible.





“Recovery is important
There will be no regret.
With every step I take
My needs are really met.”

A poem by a patient at Elysium Healthcare

Model of Care

Each individual placed within the Bromley Road service has unique needs and challenges to overcome. Our aim is to build their skill and confidence to help them move towards independent living. We complete an in depth assessment to create a picture of need. Medication, where needed is carefully reviewed by the Lead Consultant Psychiatrist and supported by the nursing team who are trained in phlebotomy enabling blood monitoring to be completed on site which is less intrusive for the individual. We take time to identify the smallest indication which has the potential to lead to increased motivation and ongoing recovery which is heavily supported by a very strong occupational therapy team. We particularly excel in gaining engagement through creative activities.

The WISHE Pathway

Elysium Healthcare have developed the WISHE Care Pathway which puts the individual right at the heart of their care and treatment. It incorporates five core zones that together form a bespoke pathway chosen by the Service User, the family and the care team which is tailored to individual need. The core zones are responsive to change and comprise of Work, Interventions, Social Networks, Health and Empowerment. A positive experience is critical to the recovery and rehabilitation pathway and our model promotes collaboration, innovation and empowerment

Admission Criteria

- Men and women aged 18 years and older
- With severe and enduring mental illness
- May have a mild learning disability as a secondary diagnosis
- Treatment resistant
- Challenging behaviours
- Detained under the Mental Health Act 1983 amended 2007

Outcomes

- Reduction of risk behaviours
- Preparation for successful community living and improved daily living skills
- Maintaining good physical health
- Improved self-esteem self-worth and self-compassion
- Improved self-management of mental health
- Building meaningful social networks and improved relationship building skills

Environment

Although a hospital, Bromley Road looks like every other house on the road. The discreet homely setting in the community is within walking distance of Catford. Lewisham and Bromley main shopping centres are easily accessible by public transport. There are great community facilities including the specialist community recording studio, libraries, health centres, parks and colleges.

Set out as three residential houses to give a homely feel, there are a range of facilities including private bedrooms, dining rooms, comfortable lounges, an occupational therapy area, an assisted daily living kitchen and a large patio and lovely garden.



For further information, or to discuss a potential referral, please contact

referrals@elysiumhealthcare.co.uk
24hr referral line **0800 218 2398**

To view our video tour, please visit www.elysiumhealthcare.co.uk

