



# Complex Care Services



## Welcome to Elysium Complex Care

Elysium Complex Care - part of our Elysium Care Partnerships group of services, deliver specialist, bespoke care that meets Transforming Care priorities. Our complex care services are designed to support individuals with a learning disability and/or autism with highly complex and severe behaviour which challenges services and associated risks.

Complex care services are developed in partnership with a Local Authority and/or Clinical Commissioning Group to meet identified local needs and with specific individuals in mind. The services are for individuals from a particular geographical area so they are able to move closer to home.

The environment is a unique and important part of the model. Care is provided in single person apartments, allowing people to live in their own

space, with care and support delivered in a domestic environment which replicates community living more closely than a traditional group living setting. The apartments allow for bespoke care to be delivered for the individual and risks and behaviours to be more effectively managed. Apartments are designed around the individual with high specification furniture, fixtures and fittings.



Our complex care services are designed as:



### Step down services

For those who are currently, or have previously been in hospital and require a structured environment and package of support to progress to a more independent living setting.

They are also for those who need a high level of support to live within the community and will continue to require this longer term.



### Step-up services

For those who are living in the community and, due to crisis, require a period of person-centred intensive care and support, in a community-based service to avoid an inappropriate hospital admission.



The aim of the services is to allow individuals to live independently but with a high level of support, through a programme of person-centred care which incorporates the following elements:

- Bespoke environments
- Individually tailored care and support delivered through high intensity staffing packages
- Positive risk taking
- Strengths based approach
- Positive behaviour management strategies
- Meaningful and stimulating activities and opportunities
- Enabling independent living skills and community engagement
- A strong emphasis on safeguarding
- Solid clinical governance
- Access to independent advocacy
- Strong multiagency and family partnerships to ensure a holistic package of care and pathway



## Our complex care services aim to deliver the following outcomes:

- Ensuring each individual achieves their full potential
- Improvements in quality of life though living a meaningful life
- Greater choice, control and independence
- Social inclusion through active community engagement
- Effective management of behaviour
- Reduction of risk
- Good physical health
- Improved self-esteem and self-worth
- Dignity and respect
- Where appropriate, successful transition into a supported living setting or own accommodation
- Avoidance and reductions of hospital admissions

## About Elysium Learning Disabilities and Autism

Elysium Healthcare provides a range of specialist services for people with learning disabilities, autism and complex needs across England and Wales.

Our community based services deliver care and support which is tailored to the individual's needs, enabling people to lead independent, meaningful lives as active members of the community.

Our hospital services provide specialist, timely, outcome focused rehabilitation in small shared or single person apartments. Linking to our community based services, we provide the full pathway of care to ensure that the length of stay in hospital is kept to a minimum.

To find out more, arrange a visit or make a referral please call our 24 hour Referral Line **0800 218 2398** or email [complexcare@elysiumhealthcare.co.uk](mailto:complexcare@elysiumhealthcare.co.uk)





### Our Complex Care Services

1	Gregory House	Workington, Cumbria
2	39 Castle Road	Kendal, Cumbria
3	Jubilee House	Barnsley, South Yorkshire
4	Clipstone House	Clipstone, Nottinghamshire
5	Tottle Brook House	Strelley, Nottingham
6	Spring House	Exeter, Devon



**This information is available  
in different languages, Braille,  
Easy Read and BSL on request**

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