

## High Intensity Services

Our High Intensity Services are for individuals who have profound and severe needs and risks in relation to challenging behaviours. These often relate to their learning disability, autism spectrum disorder, personality disorder, self-injury and aggression. People with these needs have often experienced breakdown of numerous placements as providers have been unable to meet their complex and interconnected needs and risks.



### Our award winning High Intensity Service is recommended for:

- Individuals with a learning disability and / or autism spectrum disorder
- Who present with high levels of challenging behaviour
- Whose challenging behaviour is unpredictable
- Where their challenging behaviour poses a significant risk to them, others or property
- Who require access to a skilled staff response at all times



### Key Features of the Service:

- Bespoke single occupancy, low stimulus apartments designed to keep the individual and the staff team safe, but ensuring a warm, homely and comfortable feel. The apartments have full en-suite facilities, kitchen and living space, alongside staff observation and safe areas and exits. The apartments are situated with full and easy access to private outside garden areas. Furniture is robust and areas padded as appropriate and protection for staff provided where necessary. The apartments are based within the hospital, allowing full use of and access to all teams and facilities in the hospital
- Intensive treatment programmes which include; functional behavioural analysis, sensory assessment and planning, psychological interventions and occupational, SALT and psychiatric care
- An individually tailored meaningful activities programme is provided within the apartments and also with access to communal activities within the main service to allow the individual the opportunity to be involved in activities with peers.
- Daily input from the MDT around observation levels, activities, interventions and medication management
- Weekly review by the full MDT to review presentation and progress and identify and agree actions
- The support of a skilled staff team, 24 hours a day, specifically trained in positive behaviour management, autism, co-existing personality disorder and self-injury



## Our High Intensity Services aim to deliver the following outcomes:

- A reduction in the severity, frequency and duration of behaviours that challenge
- Improved adaptive functioning, including communication skills
- Decreased distress
- Improved mental and psychological health
- Improved quality of life
- Increased service user and carer satisfaction
- Stabilisation and preparation for a move to a bespoke community based setting as appropriate



## About Elysium Learning Disabilities and Autism

Elysium provides a range of specialist services to people with learning disabilities, autism and complex needs in both our community based services and hospital placements.

Our **community based services** deliver specialist care that meets Transforming Care priorities and is tailored to the individual's needs, enabling people to lead independent, meaningful lives as active members of the community.



Within our community based services we are able to provide support for those who have profound and multiple learning disabilities, autism and sensory communication difficulties, along with providing expert nursing care and support for people with complex needs



and challenging behaviours, such as mental health needs, personality disorder and forensic histories.

These community based services provide a robust, structured setting that may suit those who are stepping down from hospital or avoiding an inappropriate hospital admission. The teams within our registered care services are also specialists in working with epilepsy and young people transitioning into adulthood. A number of our service users will move on from here to more independent settings such as supported living alternatively some will be cared for longer term.

Our **hospital placements** provide a pathway of integrated care through our Complex Hospital Care services. These services provide timely, outcomes focused, individually tailored specialist treatment and rehabilitation hospital placements that are linked to our community based support services, and are committed to keeping length of stay in our services to a minimum, providing the least restrictive setting possible.

To discuss our High Intensity Services in more detail, arrange a visit or make a referral please call our 24 hour Referral Line - **0800 218 2398** or email [referrals@elysiumhealthcare.co.uk](mailto:referrals@elysiumhealthcare.co.uk)