



# Healthlinc House

Specialist Learning Disability  
Service for Men & Women



## An Overview of Healthlinc House

Healthlinc House provides a specialist service for men and women with a learning disability and/or autism spectrum disorder and associated complex conditions such as personality disorder and forensic issues.

The environment at Healthlinc House is a unique element of the service. Care is provided in a range of small, shared and single gender-specific apartments. These allow the rehabilitation programme to be delivered in a domestic environment which replicates community living more closely than a ward environment.



# Specialist pathway for individuals with learning disability

## The service offers:

- Time limited treatment and rehabilitation placements
- Individualised and intensive treatment through our High Intensity Service
- A step down pathway to community based services in Healthlinc Apartments, Chesterfield House and The Cottage

The service is specialist in providing care for individuals with:

- Autism
- Personality disorder (females)
- Highly complex and severe challenging behaviour

The hospital is able to accept patients detained under the Mental Health Act, including Restriction Orders and those supported by Deprivation of Liberties Safeguards who require multi-disciplinary support.

## The service is available for those who are:

- Stepping down from secure care and require a period of rehabilitation in a less restrictive hospital setting where positive risk taking is enabled, before moving into the community
- Are currently living in the community who due to crisis require a period of treatment and rehabilitation to enable them to return back to their home environment

The service is staffed 24/7 by a dedicated team of nurses and support workers.

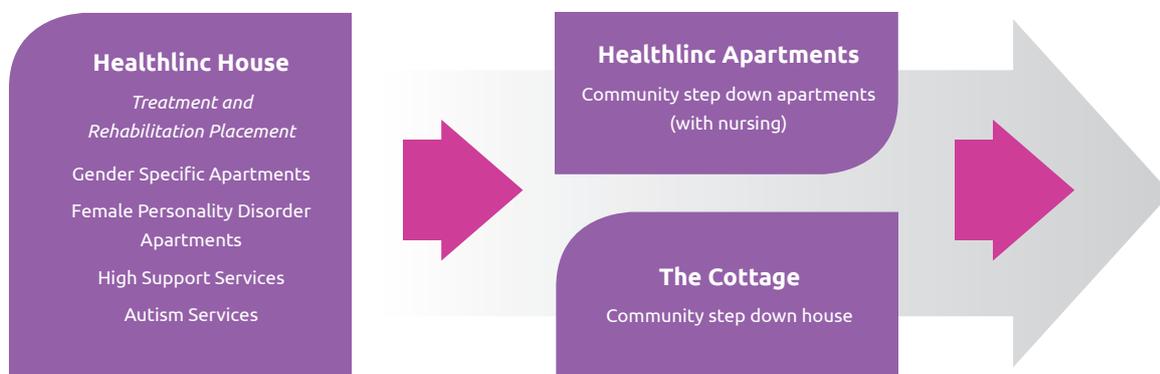
A holistic, psychosocial treatment programme is provided by a full multi-disciplinary team which includes; Consultant Psychiatrist, Psychologist, Occupational Therapist, Speech & Language Therapist and Social Worker.

Healthlinc benefits from an integrated team of professionals which means that there is a real emphasis on individually planned structured therapeutic and activity based work to enable people to develop their independent living skills for move on into the community.





## Healthlinc House Learning Disability Pathway



### Treatment incorporates the following elements:

- Individually tailored recovery and rehabilitation pathways to enable move on into the community, keeping length of stay to a minimum
- Treatment delivered following My Shared Pathway
- Positive risk taking
- Strengths based approach
- Positive behaviour support strategies
- Access to at least 30 hours of meaningful activity seven days a week
- Care planned psychological therapies
- Discharge planning on admission
- Developing independent living skills and community engagement
- A strong emphasis on safeguarding
- Robust clinical governance
- Access to independent advocacy
- Strong multiagency and family partnerships to ensure a holistic package of care and pathway

### Service Outcomes

The service at Healthlinc House aims to deliver the following outcomes:

- A successful move into the community
- Improvements in mental health and patient symptoms
- Effective management of behaviour
- Reduction of risk
- Preparation for independent living
- Good physical health
- Improved self-esteem and self-worth
- Social inclusion



## About Elysium Learning Disabilities and Autism

Elysium offers a range of specialist services to people with learning disabilities, autism and complex needs such as mental health problems and personality disorders. We offer a pathway of integrated care through our individually tailored hospital placements, with a commitment to minimised length of stay and our specialist move on community services, providing person centred enablement and support.

All our services are specifically designed to provide small group or single person environments, replicating an ordinary living setting. These allow for the development of daily living skills aimed at a move towards more independent living.

Our services offer person centred and care planned outcomes focused interventions to support recovery to better health and greater independence. We facilitate engagement in the community and the opportunity to develop new lifestyle choices to improve self-esteem and confidence and ensure people are living meaningful lives.

Our ethos is built upon a shared belief that the person is central to everything we do and we ensure we are responsive to service users changing needs, reviewing and revising plans to meet these needs. We value positive risk taking opportunities within a context of robust risk assessment and management to ensure those we support are kept safe.

Each of our services are staffed by an experienced team of professional managers, support workers,

and nurses. Each service has in place or access to psychiatrists, psychologists and assistants, occupational therapists, , speech and language therapists and advocacy.

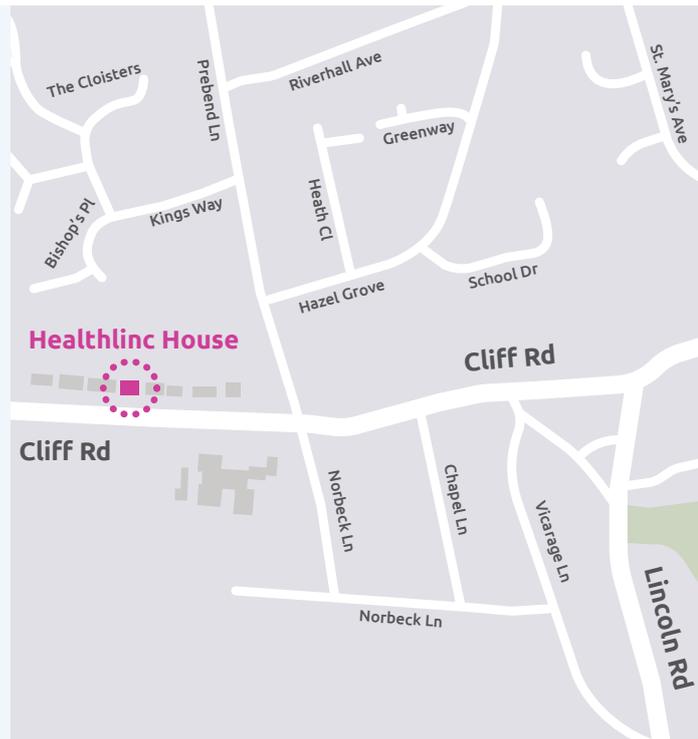
Our services are well-led by caring, professional and experienced staff and our senior management team is always close to the patients and service users, staff teams and service managers, so our care is developed in direct response to people's needs. We measure the effectiveness of our interventions using a range of validated tools and by listening to and acting on feedback from the people we support, their carers and case managers and commissioners. We are committed to the continuous improvement of service delivery and providing services which meet changing demand.

To discuss Healthlinc House in more detail, arrange a visit or make a referral please call our 24 hour Referral Line **0800 218 2398** or email [referrals@elysiumhealthcare.co.uk](mailto:referrals@elysiumhealthcare.co.uk)



## Our Locations

- Bradley Apartments
- Chesterfield House
- The Cottage
- Healthlinc Apartments
- Healthlinc House
- The Woodhouse
- The Woodlands



## About Healthlinc House

Healthlinc House is part of a learning disability pathway of services for men and women, located in Welton, Lincolnshire.

The local area provides walkable access to a range of amenities, including shops, library and churches.

The location provides a more relaxed local environment than a busy inner-city setting to enable patients to engage in their therapeutic programme, thus increasing the pace of recovery and speeding up discharge.

Welton is just one hour by car from Nottingham, Doncaster and Hull.

## Contact details:

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